

Well Child Visits a check-up for success!

The goals of the well-child visit in school-aged children (kindergarten through high school) are promoting health, detecting disease, and counseling to prevent injury and future health problems. It is also a chance for family physicians to stay connected with children and their parents and to build a medical home for families.



Protect Your Child From Serious Diseases

Well-child visits are a great way to make sure your child's immunizations are current. Studies show that children who are not vaccinated are at a much higher risk for getting sick.

A study by the Centers for Disease Control and Prevention (CDC) showed that the implementation of routine childhood immunizations has caused the largest ever decline of some of the most devastating diseases in the United States. Diseases that once killed and maimed children are now highly preventable.

Vaccinate your infants and toddlers at every opportunity to promote full immunity against harmful, yet preventable childhood diseases.

Well Child Visit Schedule
1 week
1 month
2 months
4 months
6 months
9 months
12 months (right after first birthday)
15 months (just before 15 months)
18 months
24 months
30 months
36 months
4 years
5 years
Once every year until age 18



**CANISTEO VALLEY
FAMILY PRACTICE**

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Make sure they are ready
for all of life's adventures

Well Child Visits



**CANISTEO VALLEY
FAMILY PRACTICE**

Canisteo Valley Family Practice thinks Well Child Visits are important!

And we know you do, too!

Well child visits are critical to keeping our young patients healthy, on track with vaccinations, and be on top of any issues that may develop in those early years.

We examined how well we were doing in 2015, and the attendance rate for well child visits was 81.9%. While this was great, and higher than national average rates (76%- NYS Department of Health), child health is important and we knew we could do better.

So, in 2016 we looked at how we could work together with parents to make sure well child visits were attended. We concentrated on Well Child Visits for 3 to 5 year olds.

We formed a team to work on improving this rate and included front desk reception staff, nurses, providers—everyone in the office was involved.

We started making it easier for parents to make an appointment by scheduling your next well child visit when you came in, so your check out process would be faster.

We made calls reminding parents of missed visits, and worked with them to get appointments rescheduled at a time that worked for them. We know how hard it is to schedule appointments around parents' busy lives.

As a result of working with parents and caregivers, we were able to improve attendance rate at well child visits from 81.9% to 90.0%

Thank you for being a part of this improvement that will make a big impact on our children's health. We will continue to strive to do even better.

Healthy Babies, Healthy Children

The American Academy of Pediatrics (AAP) recommends that babies visit their doctor for a well-child check-up as a newborn, by one month; at two, four, six, nine, twelve, fifteen, eighteen, twenty-four, thirty, and thirty-six months of age; and then once a year.

Importance

During a well-child visit, your child's doctor will provide preventive care by assessing and tracking a child's physical, behavioral, developmental and emotional status as they grow. A well-child visit is a critical opportunity to detect a possible developmental delay or disability, early treatment of which can lessen the future impact on both the child and the family.

Well-child visits are also a key time for parent-doctor communication. Make the most of these visits by writing down important questions and concerns and take them with you. Sleep patterns and nutrition are a few topics parents can inquire about.

Your child's doctor will also assess their age-appropriate body mass index (BMI) to make sure that they are in a healthy percentile range for their height and weight. You will likely be asked questions about your child's exercise habits to ensure that they are getting the recommended physical activity.

